



**Did you know Chiropractic has the education and technology to treat many problems, not just back and neck pain.**

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The word chiropractic is derived from Greek and means “To Perform With The Hands”. Paintings from ancient Egypt and Greece have shown chiropractic was used thousand of years ago. However, David Palmer in the U.S did not find modern chiropractic until 1895.

Treatment is usually painless and contrary to popular beliefs seems completely normal and un-dramatic. Combining several factors including the patient’s examination history and/or x-rays, the doctor can make the decision on how to treat your problem.

Chiropractic today has the education and technology to treat many problems, not just back and neck pain. Chiropractic can also, help you learn different teaching such as exercising, stretching the muscles, and eating a healthy diet.

Once the problem has been relieved, the chiropractor can help with prevention of similar problems by identifying certain strains that your body is exposed to everyday.

Chiropractic is a detailed examination of the joints of the body to determine if and where a functional misalignment exists. If misalignment exists and is isolated the chiropractor can physically restore the joint to its optimal position and range of motion. This may take one, or more than likely a series of treatments to stabilize the condition.

Chiropractic is a health care discipline, which emphasizes the inherent recuperation power of the body to heal itself without drugs or surgery. The practice chiropractic focuses on the relationship between the spine and nervous system and how the relationship affects the preservation and restoration of health.

The chiropractic belief on healing and health differs on the traditional medical view. A chiropractor will evaluate the entire patient as a whole during examination and treating a patient's health alignment and not just focusing on only one symptom or specific part of the body. We know the body can maintain and heal itself in most cases, without chemicals or cutting out of certain tissues, we believe health is something that comes from within.

The Chiropractor and staff also knows that under certain circumstances medical intervention is necessary but it is the body that controls and manages the healing process and not the doctor or externally applies forces.

Once the Chiropractor corrects spinal abnormalities and can eliminate spine and nerve irritation. Pain is relieved and the bodies own history capabilities are set into motion.