



**Children also benefit from spinal exams!**

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It seems children never run out of energy, they go all day long running, jumping, and playing hard. Sometimes all this physical activity puts stress on the spinal nerves; this may lead to lowering a child's resistance and open the door for many illnesses.

The slightest misalignment can cause a child to suffer from adult type problems, such as headaches, back pain, poor concentration, irritability, etc. and for many, a simple, painless spinal exam will allow your Chiropractor to find, and treat if necessary any misalignments.

Chiropractic Care for children is much more than just spinal exams. **Live Well Chiropractic** and **our**  
**chiropractor**

can examine and monitor the growth of your child's body, address important nutritional needs, offer correct exercise programs, and help to prepare your child for a healthy adulthood.